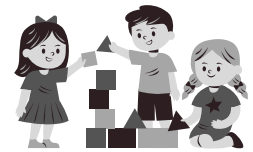


Guide to Genetics Referrals for Children



WHO SHOULD BE REFERRED?

Children with:

- Physical differences from birth or growth problems
- Intellectual disability or developmental delay
- Autism Spectrum Disorder
- A known genetic diagnosis without follow-up for several years

WHY A GENETICS REFERRAL?

Benefits of a genetics appointment:

- Understand a child's condition and how it may change over time
- Avoid unnecessary tests or treatments
- Give access to services, possible treatments, or research studies

WHEN SHOULD SOMEONE BE REFERRED?

- If any concerns show up
- If someone was seen by genetics 2-3+ years ago and no diagnosis was made
 - New tests may exist
 - More tests may now be covered by insurance

HOW TO GET REFERRED?

- Referral from child doctor (pediatrician) or family doctor
- Contact a genetics clinic directly to request a referral

WHERE TO BE REFERRED TO?

- Genetics clinics
- Developmental or behavioral clinics
- Multidisciplinary specialty clinics (where a child sees more than one type of specialist in the same visit)

TALKING TO YOUR PROVIDER

Primary doctors may have different levels of understanding with genetics. If your doctor does not want to refer your child, try to:

- Have a specific appointment to discuss a genetics referral. This gives the doctor more time to hear and focus on what you have to say, compared to during a routine visit
- Make a list of the concerns you have and show this poster
- Bring previous doctor's notes where a genetic evaluation was done or recommended
- Contact any previous genetics clinics where your child was seen to ask if an updated evaluation is recommended, and if so, bring this to your doctor

